

Centennial-scale climate cooling with a sudden cold event around 8,200 years ago

Eelco J. Rohling & Heiko Pälike

Southampton Oceanography Centre, Southampton SO14 3ZH, UK

The extent of climate variability during the current interglacial period, the Holocene, is still debated. Temperature records derived from central Greenland ice cores show one significant temperature anomaly between 8,200 and 8,100 years ago, which is often attributed to a meltwater outflow into the North Atlantic Ocean and a slowdown of North Atlantic Deep Water formation—this anomaly provides an opportunity to study such processes with relevance to present-day freshening of the North Atlantic. Anomalies in climate proxy records from locations around the globe are often correlated with this sharp event in Greenland. But the anomalies in many of these records span 400 to 600 years, start from about 8,600 years ago and form part of a repeating pattern within the Holocene. More sudden climate changes around 8,200 years ago appear superimposed on this longer-term cooling. The compounded nature of the signals implies that far-field climate anomalies around 8,200 years ago cannot be used in a straightforward manner to assess the impact of a slowdown of North Atlantic Deep Water formation, and the geographical extent of the rapid cooling event 8,200 years ago remains to be determined.

One notable cooling event between 8.25 and 8.15 thousand years before present (kyr BP) disrupts the remarkable stability of the Holocene epoch in temperature proxy data (ice $\delta^{18}\text{O}$) from the GISP2 Greenland ice core. The age models of the GRIP and North-GRIP Greenland ice cores place it at 8.15–8.05 kyr BP (Fig. 1, and Supplementary Information). The generally accepted explanation for this so-called ‘8.2-kyr-BP event’ envisages curtailment of North Atlantic Deep Water (NADW) formation and its associated northward heat transport, due to a catastrophic meltwater release into the North Atlantic^{1,2}. This notion was supported by dating of a final outburst drainage from glacial lakes Agassiz and Ojibway during the terminal demise of the Laurentide ice sheet, around 8.47 kyr BP (ref. 3). Because the 8.2-kyr-BP event occurred within the Holocene, it might hold clues about the potential response of NADW formation to the current freshening of the North Atlantic⁴. It is also unclear whether the 8.2-kyr-BP event was indeed associated with a significant NADW slowdown^{5,6}, which is thought to be a key mechanism for widespread climate impacts^{7,8}. Clearly, a detailed assessment of the events around 8.2 kyr BP is essential.

Anomalies have been observed around 8.2 kyr BP in palaeoclimate archives on a near-global scale, except for the high southern latitudes^{2,9–11}. Climate models forced with a strong freshwater pulse into the North Atlantic (leading to NADW slowdown) do suggest widespread consequences^{7,8}. On that basis, it seems reasonable to view almost all anomalies observed in climate proxy records at roughly 8 kyr BP as evidence of this scenario for global climate change, ascribing any dating and duration differences to poor age control and resolution in other archives relative to Greenland ice cores². Here we evaluate a selection of well-dated, highly resolved climate proxy records that have been developed since the initial reports. This evaluation bears directly upon: (1) the inferred cause for the 8.2-kyr-BP event; (2) the broader climatic context of the event; and (3) the global distribution of the event.

Anomalies in climate proxy records from Greenland

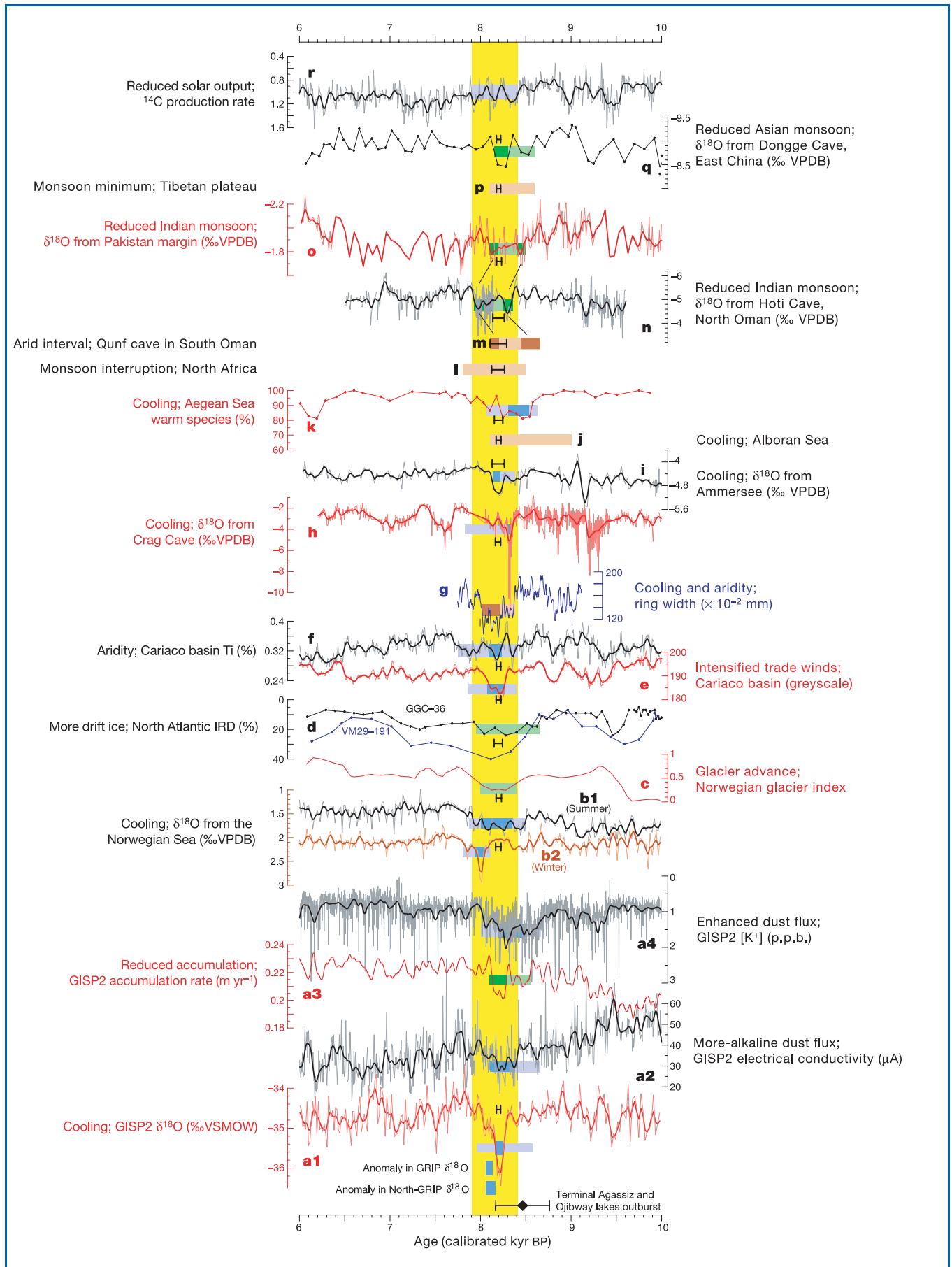
Sharp anomalies centred on about 8.2 kyr BP were found not only in ice $\delta^{18}\text{O}$ (Fig. 1a1), but also in other proxies (for example, chloride) from the Greenland ice cores². However, other Greenland ice-core proxies show anomalies over a much longer time interval. This is best illustrated by the GISP2 potassium series, a proxy for dust supply to Greenland, which contains a broad maximum between

8.65 and 8.00 kyr BP (refs 9, 12; Fig. 1a4). All time intervals cited here are detailed in Supplementary Tables S1 and S2. GISP2 potassium maxima have been interpreted in terms of expansion and intensification of the atmospheric polar vortex^{9,12}. Another proxy for alkaline dust supply to Greenland, electrical conductivity (ECM), also shows a compound maximum between 8.65 and 8.10 kyr BP, with a peak at 8.4–8.1 kyr BP (refs 13, 14) (Fig. 1a2). The GISP2 accumulation rate visually suggests a broad reduction between 8.55 and 8.1 kyr BP with a minimum at 8.3–8.1 kyr BP (Fig. 1a3), although this is not statistically significant (see Supplementary Information). These different proxies, co-registered in a single archive, clearly suggest that the sharp 8.2-kyr-BP event punctuated a longer-term background anomaly. The sharp peak is prominent in the $\delta^{18}\text{O}$ proxy for temperature at the Greenland summit, and the broader anomaly is apparent in proxies for the structure/intensity of atmospheric circulation.

Anomalies in climate proxy records around the North Atlantic

Throughout this region, the sharp 8.2-kyr-BP event, where present, again occurs within a broader anomaly (Fig. 1b–j). A particularly revealing case is portrayed by the anomalies in records b1 and b2 from a Norwegian Sea sediment core¹⁵ (Fig. 1b1,b2). The typical sharp signature of the 8.2-kyr-BP event is found at 8.0–7.9 kyr BP in the $\delta^{18}\text{O}$ record of the left-coiling (sinistral) planktonic foraminifer *Neogloboquadrina pachyderma*, whereas a broad maximum between 8.5 and 7.9 kyr BP is revealed in the $\delta^{18}\text{O}$ of right-coiling (dextral) *N. pachyderma*¹⁵. These records are based on the same sample series, so there can be no argument about the different phasing and durations of the anomalies. The combination of both sharp and broad anomalies within a single archive offers sound evidence that the sharp 8.2-kyr-BP event occurred within a broad climate anomaly between about 8.6/8.5 and 8.0 kyr BP, similar to the pattern highlighted above for the GISP2 ice core. The Norwegian Sea record furthermore offers vital insight into the season-specific nature of the two anomalies, because the $\delta^{18}\text{O}$ record of sinistral *N. pachyderma* may reflect winter temperature, whereas that of dextral *N. pachyderma* may reflect summer temperature¹⁵.

Stalagmite $\delta^{18}\text{O}$ data from the Irish Crag Cave^{16,17} and carbonate $\delta^{18}\text{O}$ data from the German lake Ammersee¹⁸ show a dominant sharp peak anomaly, at 8.35–8.3 and 8.2–8.15 kyr BP, respectively (Fig. 1h–i). These anomalies are (partly) explained in terms of enhanced isotopic fractionation in precipitation during the cold



8.2-kyr-BP event, in agreement with the strong and abrupt cooling seen over the North Atlantic region in climate models that simulate the impact of a meltwater flood^{7,8}. Given that the Norwegian Sea records (Fig. 1b) identify the sharp cooling event as a winter phenomenon, it follows that the Crag Cave and Ammersee records are dominated by isotopic changes in winter precipitation.

The German tree ring width record shows a distinct low between 8.4 and 8.0 kyr BP, culminating in three sharp minima between 8.2 and 8.0 kyr BP (Fig. 1g), caused by colder and more arid climate conditions over central Europe¹⁹. This would agree with the broad period of reduced summer temperatures and superimposed sharp minimum winter temperatures in the Norwegian Sea. Annual temperatures at the Estonian lake Rõuge were reduced between about 8.5 and 8.1 kyr BP (culminating at 8.25–8.15 kyr BP), and erosion-related inorganic sedimentation was increased between 8.5 and 8.1 kyr BP with two sharp maxima at 8.3 and 8.2 kyr BP (ref. 20). These patterns mimic those in the tree-ring record (Fig. 1g), and agree with the substantial 'Finse' advance of Norwegian glaciers at 8.4–8.0 kyr BP (refs 21, 22; Fig. 1c). The Estonian cooling is marked by a decline in *Alnus* pollen, an indication of frost damage in early spring²⁰, which supports the inferred reduction of summer temperature after about 8.5 kyr BP in the Norwegian Sea. Reduced or seasonally delayed summer warming may also (partly) explain the glacier expansion, and would have facilitated the survival and dispersal of sea ice, which governed the Holocene ice-rafted debris (IRD) deposition. Although the initial IRD records showed only a broad maximum^{23,24} (Fig. 1d), records of improved resolution have since revealed the culmination in a sharp IRD spike at the 8.2-kyr-BP event proper²⁵.

If there was an underlying climatic deterioration between about 8.5 and 8.0 kyr BP that was punctuated by the sharp 8.2-kyr-BP event, then we need to be very careful about attributing any anomaly around 8 kyr BP to the 8.2-kyr-BP event itself (as in refs 2, 7 and 17). It would instead be possible that the far-field correlations reflect the underlying climate anomaly, whereas the sharp signals triggered by the meltwater outburst were restricted to a much smaller (for

example, North Atlantic) realm. Archives from remote locations would then be likely to show well-dated anomalies that span four to six centuries, rather than a sharp event over about one century. Because monsoons are the most efficient means for interhemispheric vapour/latent heat transport, we pay specific attention to low- to mid-latitude records for evidence of monsoon variability. Given that the sharp 8.2-kyr-BP event may be most evident in winter-dominated proxies, and the broad underlying anomaly more characteristic of summer conditions, the seasonal significance of proxy records must be taken into account.

Anomalies in climate proxy records from monsoon regions

In the Cariaco basin, a broad multi-peak low in Ti percentages between 8.4 and 7.75 kyr BP reflects aridity due to reduced northward migration of the Intertropical Convergence Zone (ITCZ) in summer²⁶ (Fig. 1f). In contrast, a single sharp anomaly at 8.25–8.1 kyr BP in the greyscale record reflects enhanced intensities of the trade winds, which affect this region in winter²⁷ (Fig. 1e). This combination again portrays the different seasonal responses, with a broad anomaly in a summer-dominated proxy and a sharp event in a winter-dominated proxy.

A well-dated census of African summer-monsoon-fed lakes²⁸ illustrates a well-defined reduction in monsoon intensity or penetration between about 8.5 and 7.8 kyr BP (Fig. 1l) (a similar monsoon reduction exists within the previous (Eemian) interglaciation^{29,30}). A broad Holocene monsoon minimum is also found in the Indian and Asian domains (Fig. 1m–q). Although strong high-frequency variability impedes statistical distinction of the centennial-scale signals in each record individually, records of Indian summer-monsoon intensity from around the Arabian Sea (Fig. 1m–o) show considerable visual similarity to one another^{31–33}, as well as with a marine $\delta^{18}\text{O}$ record from offshore Socotra Island³⁴. Together, these records portray a broad reduction of Indian summer-monsoon activity between roughly 8.5 and 8.0 kyr BP, which both started and ended with a century-scale peak minimum (correlation lines in Fig. 1). There is a great lack of highly resolved

Figure 1 Collection of well-dated climate proxy records used to identify anomalies around 8.2 kyr BP. All records, including those from the ice cores, are presented versus 'calibrated age' in kyr BP, where 'before present' refers to before 1950. The records originate from ice cores, from laminated (usually anoxic) marine sediments, from marine sediments from other anoxic and/or high-accumulation settings that lack significant bioturbation, from cave stalactites or stalagmites and palaeo-lake deposits, and from a peat bog. All are all well dated using a variety of techniques from lamina/layer/varve counting to accelerator mass spectrometric (AMS) ^{14}C dating (including wiggle-matching), and U/Th dating. Error bars with the records portray the size of the one-sided 1σ uncertainty reported for the datings (see Supplementary Information Table S2). All smoothed records shown are based on a 50-yr moving gaussian filter. Coloured blocks identify the anomalies recognized in the various records: blue is statistically significant in digital records (see Supplementary Information); green is visually identified in digital records (not statistically significant); brown is estimated from published graphs. Heavy coloured blocks indicate peak events; lighter blocks highlight broader anomalies. The yellow band marks an interval spanning three conspicuous maxima in ^{14}C production. The black diamond with error bar alongside the age axis indicates the best age estimate for the meltwater flood from lakes Agassiz and Ojibway with 1σ bounds³. Axis labels identify the nature of the anomalies around 8 kyr BP.

Records are grouped by archive; each letter is a separate archive, and subnumbering refers to different proxies co-registered within that archive. Records **a1** to **a4** are all measured from the Greenland Ice Sheet Project II (GISP2) ice core: **a1** is the ice- $\delta^{18}\text{O}$ series⁴⁵, **a2** is the electrical conductivity series^{13,14}, **a3** is a 50-yr smoothing of the ice-accumulation data set¹⁶ (actual data not shown to avoid clutter), and **a4** is the GISP2 potassium ion series^{9,12} (spikes in actual data clipped at axis maximum value to avoid clutter). Also indicated are the timings of the sharp

$\delta^{18}\text{O}$ anomalies in the Greenland NorthGRIP and GRIP ice cores, which deviate slightly from that in GISP2 (**a1**) owing to small differences between the age models of the ice cores^{47,48}. Records **b1** and **b2** are co-registered in a sediment core from the Norwegian Sea¹⁵: **b1** is $\delta^{18}\text{O}$ of right-coiling *Neogloboquadrina pachyderma*, **b2** is $\delta^{18}\text{O}$ of left-coiling *N. pachyderma*. Record **c** is a Norwegian glacier expansion index based on glacial lake cores investigated at a resolution better than 50 yr (Jostedalssbreen area) (ref. 21, and see also ref. 11). The two records in **d** show IRD percentages in North Atlantic sediment cores VM29-191 (54° N, 15° E) and GGC-36 (45° N, 45° E) (ref. 24). Records **e** and **f** are both from laminated sediment cores from the Cariaco basin: **e** shows greyscale measurements²⁷, and **f** shows titanium concentrations measured by core-logging X-ray fluorescence²⁶. Record **g** (digitized) presents the German tree-ring-width series¹⁹. Record **h** is the Crag Cave $\delta^{18}\text{O}$ series^{16,17}, and **i** is the ostracod-based $\delta^{18}\text{O}$ series for Lake Ammersee¹⁸. Block **j** marks an interval of low sea surface temperatures in the Alboran Sea, westernmost Mediterranean⁴⁹, and record **k** does so for the Aegean Sea, northeastern Mediterranean³⁷. Although of relatively low resolution, the Aegean record is kept within this evaluation because it is well dated and fully supported by a highly resolved (but less well-dated) record for the central Mediterranean⁵⁰. Block **l** identifies the well-established, widespread interruption of the North African monsoon maximum²⁸, and **m** identifies an arid interlude with two distinct peaks reflected in stalagmite $\delta^{18}\text{O}$ for Qunf Cave in South Oman³¹. Record **n** is similar to **m**, but for Hoti Cave in North Oman³². Record **o** shows $\delta^{18}\text{O}$ of the surface-dwelling planktonic foraminifer *Globigerinoides ruber* in a laminated sediment core from the Pakistan margin³³. Block **p** identifies a major interval of reduced monsoon activity identified from cellulose $\delta^{18}\text{O}$ in a peat-bog section in East Tibet³⁵, and record **q** is stalagmite $\delta^{18}\text{O}$ for Dongge Cave, East China³⁶. Record **r** shows ^{14}C production rates from a recent deconvolution of the ^{14}C residuals series^{41,42}.

records from the Asian monsoon sector, but available speleothem and peat-bog records^{35,36} suggest that a monsoon reduction also occurred there between roughly 8.6 and 8.1 kyr BP (Fig. 1p, q).

It cannot be excluded that part of the anomalies in the various low- to mid-latitude records might represent atmospheric or oceanic downstream effects of a meltwater pulse into the North Atlantic and its associated sharp cooling event. However, such a mechanism cannot explain the longer durations of the overall anomaly, or the fact that many records show a well-dated onset of climatic deterioration well before the sharp 8.2-kyr-BP event (Fig. 1, Supplementary Table S2). Note that there is a general lack of low- to mid-latitude records that reflect winter conditions, which might be more likely to show the sharp event than the available summer-dominated records, as illustrated by the data from the Cariaco basin (Fig. 1e, f).

Broad underlying climate anomaly

The early Holocene meltwater flood has been dated³ at 8.47 ± 0.3 kyr BP (1σ). The oldest age for the onset of the sharp cooling in the Greenland ice cores is near 8.3 kyr BP. If it is related to an NADW slowdown due to meltwater addition, this constrains the age of the flood to within a couple of decades before 8.3 kyr BP (refs 7, 8), well within the 1σ bounds of the datings³ and in close agreement with the age of 8.33 ± 0.08 kyr BP for the onset of the sharp climate impact in Ireland^{16,17}.

Climate models with a flood-related cold event of 200 yr suggest associated anomalies in other climate parameters that develop more gradually and may reach twice the duration, but none would start significantly before the flood or cold snap⁸. Evaluation of anomalies that lasted 400 yr or more in our compilation of proxy records (Fig. 1, Supplementary Table S2) shows that 90% (70%) started at or before 8.4 (8.5) kyr BP (Supplementary Table S2). This supports the pivotal observation from the co-registered signals in GISP2 and the Norwegian Sea that a widespread, multi-century climatic deterioration had started well before the flood-related cold event.

The independence of the longer-term anomalies from the meltwater flood is further illustrated by the fact that many are not unique within the Holocene. In GISP2, potassium maxima of comparable magnitude to that of 8.65–8.0 kyr BP are present at 6–5 kyr BP, 3.5–2.5 kyr BP, and AD 1400–1900 (the Little Ice Age), and correlative anomalies have been found outside Greenland^{9,11,12,37}. Spurk *et al.*¹⁹ report a recurrence of tree-ring-width minima similar to that of 8.4–8.0 kyr BP (for example, at 6.1–5.8 kyr BP), which they relate to repeated Holocene IRD episodes^{23,24} and interpret in terms of a recurrent cycle of climatic deteriorations whose impact was amplified around 8.2 kyr BP by the meltwater flood.

Signal comparison between IRD records and the cosmogenic ¹⁴C and ¹⁰Be records suggests that the repeated Holocene climate deteriorations correspond to intervals of reduced solar output²³, corroborating similar inferences made previously^{9,38,39}. Although high-frequency variability in the Earth's magnetic field might have some influence on cosmogenic isotope production⁴⁰, the solar variability hypothesis is gaining increasing support. ¹⁴C production rates^{41,42} reveal a conspicuous 500-yr interval with a succession of three broad ¹⁴C production maxima (solar output minima) between 8.4 and 7.9 kyr BP (Fig. 1r). There is more than a passing resemblance with the succession of three ¹⁴C production peaks between 0.7 and 0.2 kyr BP that spans the Little Ice Age. The interval of 8.4–7.9 kyr BP agrees well with the timing and duration of the broad climate deterioration highlighted here. The internal three-peak structure may be reflected by internal variability within this broad anomaly, supporting previous reports of remarkable peak-to-peak signal similarities between ¹⁴C residuals and proxy records^{31,32,34}.

Compound climate signals around 8.2 kyr BP

The listed evidence for a multi-century climate deterioration, with an onset well before the meltwater flood of about 8.3 kyr ago, indicates that it would be erroneous to attribute all anomalies in climate proxy records around 8 kyr BP to the 8.2-kyr-BP event, in an attempt to map the global impacts of a slowdown in NADW production. Proxies for changes in the meridional extent of major atmospheric circulation features (polar vortex, ITCZ) seem more likely to reflect the underlying deterioration of about 8.5–8.0 kyr ago. In addition, this broad anomaly seems especially evident in summer-biased proxies, and the sharp 8.2-kyr-BP event more evident in winter-biased proxies.

The climate deterioration of about 8.5–8.0 kyr BP is part of a repeating pattern of longer-term anomalies during the Holocene, with its most recent manifestation during the Little Ice Age. It seems related to solar output fluctuations. Climate models for evaluation of the impacts of small reductions in solar output indicate notable impacts on the meridional structure of the atmospheric circulation^{43,44}, in broad agreement with the changes inferred from proxy data, but completely independent from any changes in NADW formation.

Our assessment indicates that the actual geographic extent of the sharp meltwater-induced 8.2-kyr-BP event remains to be established outside the circum-North-Atlantic region, which notably requires the development of new (winter-typical) proxy records in low to middle latitudes. This is especially important if climate proxy signals pertaining to the event are to be used to validate models of NADW slowdown, within the context of discussions on potential changes in deepwater formation in a greenhouse future. □

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Correspondence and requests for materials should be addressed to E.J.R. (E.Rohling@soc.soton.ac.uk).